

Chris Lee Bio



Born in Canada, Chris Lee HT CMH currently lives in British Columbia, Canada.

Chris Lee's evolution into behavioural patterns and personality traits began in the 1970s when he spent over 8 years as a Police Constable. This environment provided onsite observation of people in a wide range of situations. Drawing from these life experiences, he gained knowledge and insight of the ebbs and tides in people's lives.

He completed his Clinical Hypnotherapy training in 1995 which utilized current life therapy. During the following twelve months, he further developed his expertise by studying the effects of past life regression with clients. As a result, this evolved into his own unique style of **Past Life Regression and Progression™** therapy.

By using his technique, Chris found his effectiveness in helping his clients increased from 20% to 95%.

Over the years he has taken people from all walks of life through thousands of Past and Future Lives. This includes medical doctors, nurses, dentists, veterinarians, hospitality workers, lawyers, business owners, teachers, retirees, actors, entertainers, accountants etc.

Chris's ability to immediately put people at ease, confidently guides clients into a positive learning mindset helping them get the best results from their **Past Life Regression and Progression™** therapy session.

His mantra is, "if you are not sure whether it's your past lives or your imagination, but your life improves, then who cares".

For the past 16 years he has been hosting his "Journey into Past Lives" Workshops and Talks in England, Canada and the US. He is currently working on a book featuring the fascinating case histories from the thousands of past lives his clients had been through.



When he is hosting his Workshops and Talks, he usually allows the next day for one-on-one sessions as these are focused more on what the client wants to work on directly. The fee for these sessions is reduced for people that have already attended a "Journey into Past Lives" Workshop and/or Talk.

For more information on Chris Lee and his Past Life Regression and Progression work, please go to: www.PastLifeRegressionAndProgression.com or contact him directly at CL@PastLifeRap.com