

Welcome to Blue Lotus Healing!

Fully Certified Reflexologist and Esthetician Janet Dyer would like to pamper you!
Unwind your mind and take time for yourself!!

Reflexology is a wonderful way to melt away the day, improve circulation and decrease stress! Anyone can benefit from Reflexology, from seniors, students, new moms and yes... Men! Janet can not only aid the body in healing but also beautify it! Be sure to ask about the **Reflexi-Pedi!** It's the best of both worlds!!

Clients have found relief from the following conditions:

- Sinusitis, migraines, and allergies
- Shoulder and neck problems
- Upper and lower back issues
- Carpal Tunnel Syndrome
- Foot and Hand problems
- Stress and Tension
- Sciatica, Insomnia and poor circulation
- High Blood Pressure
- Menopause and PMS
- Diabetes

*Janet is not a doctor and cannot diagnose or prescribe but **can** help you to relax and allow your body to open for the most beneficial healing.*

Blue Lotus offers such spa services as; *Pedicures (Dry, Basic & Deluxe), Manicures (Dry, Basic & Deluxe), Back Treatments, Facials, Nail art as well as face painting for kids!* Along with the afore mentioned, Janet is also pleased to offer Spiritual services such as Tarot card readings (Oracle, Angel, Fairy, Celtic, Past Life... Etc), Sacred Spiritual Art, Deeksha Blessings, Essential Oil products handmade and fully customizable for you, and Chakra Healings.

We are pleased to serve you in your own home so you can utilize the most of our session. But if you would like to enjoy a pleasant and fulfilling atmosphere, every Wednesday Janet will be @ Kokopelli's offering Reflexology Treatments!! So come in, relax get some healing and enjoy the ambiance of Joanne's incredible gifts!! Please call Janet (774.6157) to book a time if you wish to enjoy the session at Kokopelli's. **** ONLY Reflexology treatments will be offered at Kokopelli's****

Please contact for full menu and prices:

1 hour Reflexology - \$50

Hand Reflex with dry manicure – \$40 (polish \$45)

Full Reflexi-Pedi - \$100

Basic Pedi - \$55 (\$60 with polish) Wet*

Contact Info: bluelotushands@gmail.com/306.774.6157/www.wix.com/bluelotushealing/healing-hands

Gift Certificates available!

At Blue Lotus Healing, we use only as close to 100% natural products. I also work with many other wonderful healers!

